



Stay on Track With XOLREMDI

A guide to help take your medication consistently
and track your treatment experience



Take XOLREMDI as Prescribed

Taking XOLREMDI each day, exactly as prescribed, is an important part of managing your condition. Here are some tips for building a routine to help stay on track:



Set up helpful reminders:

- Schedule an alert on your phone
- Put notes in places you'll be sure to see



Use this tracker:

- Check off each dose of XOLREMDI you take
- Note how you are feeling to discuss with your healthcare team

Reflect on Your Week

How are you feeling? Write down any changes you have noticed each week, and share your experience with your healthcare team.

Month: _____

Week 1

Week 2

Week 3

Week 4



Need a refill? Questions about your current XOLREMDI prescription?

Call 844-X4CNNCT (844-942-6628)
Monday to Friday, 8am to 8pm ET

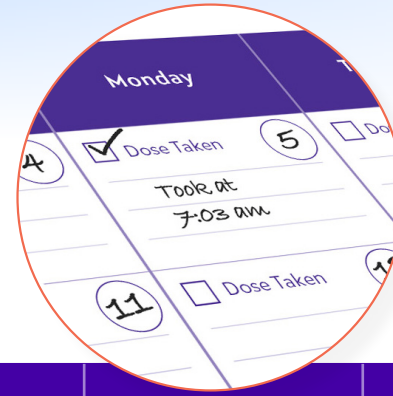




Your XOLREMDI Medication Tracker



To help you stay on schedule, check off each day you take XOLREMDI and use the provided space to note how you are feeling at the time. Keeping a record of this information makes it easy to share updates with your healthcare team.



Month: _____

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Download next month's Medication Tracker at www.XOLREMDI.com/resources.